

Nutrition Facts

About 8 servings per container

Serving size 6.5 oz (182g)

Amount Per Serving

Calories 180

% Daily Value*

Total Fat 12g 15%

Saturated Fat 3.5g 18%

Trans Fat 0g

Cholesterol 60mg 20%

Sodium 240mg 10%

Total Carbohydrate 4g 1%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 14g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 1.5mg 8%

Potassium 10mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.